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The Christian Scientist, understanding that all is Mind, commences with mental causation, the truth of being, to destroy the error. This remedy has the power to correct positively, reaching to every part of the human system. According to Scripture, it searches the “joints and marrow,”⁷ and restores the healthy functions of the body.

Coping with difficulties

The physical-physician deals with physicality as both the aggravator and the reliever. The ailment is regarded as weakened or strengthened according to the evidence which physical matter presents. Conversely, the metaphysical physician makes Mind the basis of his or her operation, in spite of matter. The truth and harmony of being are regarded as superior to error and disorder, and the metaphysician is rendered strong, instead of weak, to cope with the case. The mental scientist proportionately strengthens the patient with the stimulus of courage and conscious power. Both Science and consciousness are now at work in the economy of being according to the law of Mind, which ultimately asserts its absolute supremacy.

Formation from thought

Osteoporosis or any abnormal condition or derangement of the body is as directly the action of mortal mind as is functional or chemically based mental disorders, even depression. Bones have only the substance of thought which forms them. They are only phenomena of the mind of human beings. The so-called substance of bone is formed first by the parent’s mind, through self-division. Soon the child becomes a separate, individualized human mind, which takes possession of itself and its own thoughts of bones.

Accidents unknown to God

Accidents are unknown to God, or perpetual Mind. We must leave the worldly basis of thinking and unite with the one Mind, in order to change the notion of chance to the proper sense of God’s perfect direction, and thereby bring out harmony.

Under divine Providence there can be no accidents, since there is no room for imperfection in perfection.

Opposing mentality

In the medical field, objections would be raised if one doctor administered a drug to counteract the working of a remedy prescribed by another doctor. It is equally important in metaphysical practice that the *minds* which surround your patient should not act against your influence by continually expressing such opinions as may alarm or discourage—either by giving antagonistic advice or through unspoken thoughts resting on your patient. While it is certain that the divine Mind can remove any obstacle, still you need the ear of your auditor. It is not more difficult to make yourself heard mentally while others are thinking about your patients or conversing with them, if you understand divine Science—the oneness and the allness of divine Love; but it is well to be alone with God and the sick when treating disease.

Mind removes cancer

To prevent or to cure cancer and hereditary diseases, you must destroy the belief in these ills and the false faith in the possibility of their transmission. The patient may tell you that they have tuberculosis and that their parents or distant ancestors believed the same. Human mind, not

⁷ Heb. 4:12

matter, induces this conclusion and its results. You will have tuberculosis, just so long as you believe it to be an excuse, or to be ineradicable.

Nothing to consume

If the case to be mentally treated is tuberculosis, take up the leading points (according to belief) included in this disease. Show that it is not inherited or transmittable. Point out that inflammation, hemorrhage, and decay are beliefs, images of human thought superimposed upon the body. Show that false images are not the truth of man and woman. Bogus imprints should be treated as error and put out of thought. Then these ills will disappear.

If the body is diseased, this is but one of the evil spirits of mortal mind. Human beings will be less mortal when they learn that matter never sustained existence and can never destroy God, who is our Life. When this is understood, humanity will be more spiritual and know that there is nothing to become malignant or infected, since Spirit, God, is All-in-all. What if the belief is multiple sclerosis? God is more to an individual than the individual's belief, and the less we acknowledge matter or its laws, the more spirituality we possess. Consciousness constructs a better body when faith in matter has been conquered. Correct the human mortal convictions by spiritual understanding and Spirit will form you anew. You will never fear again except to offend God, and you will never believe that hormones, cells, heart, the central nervous system, or any portion of the body can destroy you.

Soundness maintained

If you want your colon, uterus, or lungs to stay healthy, with excellent capacity, be always ready with a mental protest against a heritable unhealthy belief. Dismiss all notions about inflammation, inherited disease, weak lungs, or suffering arising from any circumstance. You will find that human mind, when instructed by Truth, allows the body to be guided into health by means of divine power.

The recognition of Spirit and of infinity does not come all at once, but throughout eternity. *Haba na haba*, a Swahili phrase for little by little, or step by step, has relevance. Human beings do not change from error to truth in an instant.

As temporal pains and pleasures cease to predominate, humanity will echo Job when he said: "My ears had heard of you but now my eyes have seen you."² They will then drop the false estimation of life and happiness, of joy and sorrow, and attain the bliss of loving unselfishly, working patiently, and conquering all that is unlike God. Starting from a higher standpoint, one rises spontaneously, even as light emits light without effort; "For where your treasure is, there your heart will be also."

² Job 42:5